

Extra mural sport for Foundation Phase 2018 Year Plan

In the event of rain, we will defer cancellation but should an activity need to be cancelled, a decision will only be made at 12 noon. Please check D6 for alerts.

Grade 1				
	Term 1	Term 2	Term 3	Term 4
MONDAY	MATHLETICS : 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	MATHLETICS: 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	MATHLETICS: 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	MATHLETICS: 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>
TUESDAY				
WEDNESDAY		RHYTHMIC GYMNASTICS: 12h30 – 13h00 <i>P.E.Kit</i> <i>Parents to fetch at 13h10</i>	RHYTHMIC GYMNASTICS: 12h30 – 13h00 <i>P.E.Kit</i> <i>Parents to fetch at 13h10</i>	RHYTHMIC GYMNASTICS 12h30 – 13h00 <i>P.E.Kit</i> <i>Parents to fetch at 13h10</i>
THURSDAY		COMPULSORY NETBALL / BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	COMPULSORY HOCKEY/BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at13h50</i>	COMPULSORY BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>
SATURDAY	NETBALL SKILLS <i>at school</i> 08h00 – 09h00 <i>P.E. Kit</i> <i>Dates to be confirmed</i>	HOCKEY SKILLS <i>Astro/ school</i> 08h00 – 09h00 <i>P.E. Kit</i> <i>Dates to be confirmed</i>	BALL/ MOVEMENT SKILLS <i>School hall/astro</i> 08h00-09h00 <i>P.E. Kit</i> <i>Dates to be confirmed</i>	

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Grade 2				
	Term 1	Term 2	Term 3	Term 4
MONDAY	DESIGN & TECHNOLOGY Gr2 L 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	DESIGN & TECHNOLOGY Gr 2 R 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	DESIGN & TECHNOLOGY Gr 2 L 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	DESIGN & TECHNOLOGY Gr 2 R 12h55 – 13h40 <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>
	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>
TUESDAY				
WEDNESDAY	RHYTHMIC GYMNASTICS: 12h55 – 13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 13h50</i>	RHYTHMIC GYMNASTICS: 12h55 – 13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 13h50</i>	RHYTHMIC GYMNASTICS: 12h55 – 13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 13h50</i>	RHYTHMIC GYMNASTICS: 12h55 – 13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 13h50</i>
THURSDAY	COMPULSORY NETBALL/ BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	COMPULSORY NETBALL/BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	COMPULSORY NETBALL /BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>	COMPULSORY NETBALL / BALL SKILLS & MOVEMENT 12h55—13h40 <i>P.E.Kit</i> <i>Please send lunch for 2nd break.</i> <i>Parents to fetch at 13h50</i>
SATURDAY	NETBALL SKILLS <i>at school</i> 08h00 – 09h00 <i>P.E. Kit</i> <i>Dates to be confirmed</i>	HOCKEY SKILLS <i>Astro/ school</i> 08h00 – 09h00 <i>P.E.Kit</i> <i>Dates to be confirmed</i>	BALL/ MOVEMENT SKILLS <i>School hall/astro</i> 08h00-09h00 <i>P.E.Kit</i> <i>Dates to be confirmed</i>	

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Grade 3				
	Term 1	Term 2	Term 3	Term 4
MONDAY	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>	MATHLETICS 13h55 – 14h30 <i>Please send lunch for 2nd break</i> <i>Parents to fetch at 14h40</i>
	MINI TENNIS 13h55 – 14h45 <i>P.E Kit & Caps</i> <i>parents to collect at 14h50</i>	EXTRA WINTER SWIMMING – OPTIONAL 14h00-15h00 <i>Parents to collect at 15h10</i>	EXTRA WINTER SWIMMING – OPTIONAL 14h00-15h00 <i>Parents to collect at 15h10</i>	MINI TENNIS 13h55 – 14h45 <i>P.E Kit & Caps</i> <i>Parents to collect at 14h50</i>
TUESDAY	GRADE 3 SWIMMING 13h55 – 14h40 <i>Parents to collect at 14h50</i> <i>Girls may go home in P.E Kit and white slops</i>	GRADE 3 NETBALL 13h55 – 14h40 <i>P.E. Kit</i> <i>Parents to collect at 14h50</i>	GRADE 3 NETBALL 13h55 – 14h40 <i>P.E. Kit</i> <i>Parents to collect at 14h50</i>	GRADE 3 SWIMMING 13h55 – 14h40 <i>Parents to collect at 14h50</i> <i>Girls may go home in P.E Kit and white slops</i>
WEDNESDAY	RHYTHMIC GYMNASTICS 12h55 – 13h40 <i>P.E.Kit</i> <i>Parents to fetch at 13h50</i>	RHYTHMIC GYMNASTICS 12h55 – 13h40 <i>P.E.Kit</i> <i>Parents to fetch at 13h50</i>	RHYTHMIC GYMNASTICS 12h55 – 13h40 <i>P.E.Kit</i> <i>Parents to fetch at 13h50</i>	RHYTHMIC GYMNASTICS 12h55 – 13h40 <i>P.E.Kit</i> <i>Parents to fetch at 13h50</i>
	GRADE 3 TENNIS MATCHES <i>parents to collect at 14h50</i>	EXTRA WINTER SWIMMING - OPTIONAL 13h55 –15h00 <i>Girls may go home in P.E Kit and white slops</i>	EXTRA SWIMMING - OPTIONAL 13h55 –15h00 <i>Girls may go home in P.E Kit and white slops</i>	EXTRA SWIMMING (BEFORE SCHOOL) 06h30– 07h00
THURSDAY	SWIMMING GALA'S <i>Pupils will be notified in advanced</i>	NETBALL MATCH PRACTICE <i>(only teams selected to play on Saturday)</i> 14h00-14h40	HOCKEY MATCH PRACTICE / MATCHES @ RIVERSIDE ASTRO 14h00 – 14h30	SWIMMING GALA'S <i>Pupils will be notified in advance</i>

SATURDAY	NETBALL SKILLS <i>at school</i> 08h00 – 09h00 <i>Dates to be confirmed</i>	NETBALL MATCHES INVITATIONAL LEAGUE <i>At various schools</i> 08h00-10h00	HOCKEY MATCHES - INVITATIONAL LEAGUE <i>At various schools</i> 08h00-10h00	
		HOCKEY SKILLS <i>Astro/ school</i> 08h00 – 09h00 <i>Dates to be confirmed</i>	BALL/ MOVEMENT SKILLS <i>School hall/astro</i> 08h00-09h00 <i>Dates to be confirmed</i>	

RECOMMENDED OUTSIDE SERVICE PROVIDERS for FOUNDATION PHASE 2018

GRADE 2 & 3 EXPERI-BUDDIES (FP Library)	* Cost involved—Dominique Hadlow (078 633 4094) - venue: Friday 13h00
SWIMMING	* Cost involved— Tami Sutherland (072 697 9863); Linda Conversano (082 312 0853)
TENNIS	*Cost involved—Pro Tennis Academy— Vic Puncec: 082 651 8066 / vicp@vodamail.co.za
Gr 1-3 CONTEMPORARY MODERN DANCE (Junior Drama Room)	*Cost involved—Louise Haynes (louballerina@gmail.com / 0842406284) venue: Friday: 12h45-13h30
COOKING No 8 Norfolk (Yvonne Eldon Centre)	*Cost involved—Gail Meyer (gail.meyer@me.com) 0836750881



OUR LADY OF FATIMA DCS

GRADE 4—7 JUNIOR SCHOOL EXTRA MURAL ACTIVITIES TERM 1: 2018

ALL EXTRA MURALS START THE WEEK OF 22 JANUARY 2018 AND FINISH 23 MARCH 2018



Innovation Opportunity Academic excellence

Small school.....BIG opportunity

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TEAM SWIMMING (U10—U13)	06h00—07h00 B SQUAD TRAINING (Eagleton) 14h00—15h00 A SQUAD TRAINING (Coreejas)	06h00—07h00 A SQUAD TRAINING (Coreejas)	06h00—07h00 B SQUAD TRAINING (Eagleton) 14h30 GALAS (Coreejas/Eagleton)	14h00—15h00 A SQUAD TRAINING (Coreejas)		
INTERMEDIATE SWIMMING		GRADE 4 14h00—15h00 (Köhler/Botha)	Grade 5—7 14h00—15h00 (Angel/Cubitt)			
ACTION NETBALL <i>*practices at Fatima</i>	MATCHES <i>(Various times, girls will be informed)</i>				06h00—07h00 U10 TRAINING (Hayes-Hill/ Du Plessis/ Joharie) 13h00—14h00 U11, U12 & U13 TRAINING (U11:Steyn-A/Kumalo-B) (U12: Khomo/Heath) (U13: La Fleur/Booley)	
TENNIS		14h00—15h00 GREEN DOT SQUAD (Beetge) ORANGE DOT SQUAD (Puncec)		MATCHES 14h30—17h00 (Beetge—green dot & Visagie—orange dot)		
RHYTHMIC GYMNASTICS <i>*School Hall</i>			14h00—14h45 (Baker/Mueller)			
U13 HOCKEY <i>*8; 15 & 22 March</i>				PRACTICE 14h00—15h00 (Snelling)		



OUR LADY OF FATIMA DCS

GRADE 4—7 JUNIOR SCHOOL EXTRA MURAL CULTURAL ACTIVITIES TERM 1: 2018

ALL EXTRA MURALS START THE WEEK OF 22 JANUARY 2018 AND FINISH 23 MARCH 2018

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CHOIR / HYMN PRACTICE	After assembly (O'Toole)	2nd Break SP Choir Parts (O'Toole)				
MUSICAL INSTRUMENTS	1st Break Gr 4 Marimba (Jacobsz)	1st Break Gr 5 Marimba (Jacobsz)	1st Break Gr 6 Marimba (Jacobsz)	2nd Break Gr 7 Marimba (Jacobsz) 2nd Break Gr 4-7 Recorder (O'Toole)	Break Violin Ensemble (O'Toole)	
DEBATING GRADE 6 & 7 ONLY		14h00—15h00 (Mfeka)				
PRESS CLUB <i>(Selected girls only)</i>			2nd Break (Beetge)			
COMPUTER CLUB		06h30—07h15 (Botha)	06h30—07h15 (Botha)			
DRAMA CLUB GRADE 4-6				14h00—15h00 (Sofilas)		
ENVIRONMENTAL CLUB				2nd Break (Fell/Heyerdahl)	Break (Fell/Heyerdahl)	
SEWING GRADE 4-7 <i>*No 18 Grosvenor</i>			14h00—15h00 (Carrington/Tramontino)			
ADDITIONAL RECOMMENDED SPORTING ACTIVITIES OFFERED BY OUTSIDE PROVIDERS						
SWIMMING	* Cost involved— Tami Sutherland (072 697 9863); Linda Conversano (082 312 0853)					
TENNIS	*Cost involved—Vic Puncce : 082 651 8066 / vicp@vodamail.co.za					
SEW HOOKED <i>* *No 18 Grosvenor</i>	*Cost involved—Mandy Hughes (mandy@sewhooked.co.za) / 083 447 1841 Gr 4-7: 13h00-14h00 ** (limited to first 10 girls)					
COOKING <i>*No 8 Norfolk</i>	*Cost involved—Gail Meyer (gail.meyer@me.com) / 0836750881					
CONTEMPORARY MODERN DANCE <i>* Junior Drama Room</i>	*Cost involved—Louise Haynes (louballerina@gmail.com / 0842406284) Gr.4-7 13h40 – 14h40 on a Friday afternoon					
EQUESTRIAN	*Cost involved—must have own horse and ride for a club; girls enter competitions and ride under the Fatima banner in SANESA Competitions (Mrs Lynch—clynch@fatima.co.za)					



OUR LADY OF FATIMA DCS

GRADE 8-12 EXTRA MURAL ACTIVITIES TERM 1: 2018

ALL EXTRA MURALS START THE WEEK OF 22 JANUARY 2018 AND FINISH 23 MARCH 2018



Innovation Opportunity Academic Excellence

Small school... BIG opportunity

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TEAM SWIMMING	COMPULSORY TRAINING 15h00—16h00 (Horsfall)		GALAS (Horsfall/Lynch)	TRAINING 06h00—07h00 (Horsfall)	TRAINING 06h00—07h00 (Horsfall)	
INDOOR HOCKEY <i>*Practices at Danville Sports Centre</i>			OPEN TRAINING 16h30—17h30 (Lynch/Jubb/ Challis Chandler) U16 TRAINING 17h30—18h30 (Lynch/Small/Krummeck)	MATCHES (Lynch/Coaches)	U14 TRAINING 05h55—06h55 (Snelling/Van der Vyver) MATCHES (Lynch/Coaches)	MATCHES (Lynch/Coaches)
OUTDOOR HOCKEY <i>*Practice at Riverside Astro turf</i>		U14 TRAINING 15h00—16h00 (Lynch/Springate/Van der Vyver) 1ST TEAM CONDITIONING 15h00—16h00 (Snelling/Lynch) U16 TRAINING & OPEN TRAINING 16h00—17h00 (Lynch/coaches)				
ACTION NETBALL <i>*Practices at school</i>		U15 TRAINING 06h00—07h00 (Hayes-Hill/ Joharie)	OPEN TRAINING 06h00—07h00 (Khomo)	U14 TRAINING 15h00—16h00 (Kumalo -A/Steyn—B) 1st TEAM TRAINING (Khomo)	MATCHES (Khomo/La Fleur/Hayes-Hill/ Steyn/Joharie)	
TENNIS <i>*Practices at Durban North Tennis Club</i>	U16 MATCHES (Naidoo / Ham)	1st TEAM MATCHES (Hayter)			TEAM TRAINING Day 5: 13h15—14h15 Day 10: 14h00—15h00 (Karen Visagie)	



OUR LADY OF FATIMA DCS

GRADE 8-12 EXTRA MURAL ACTIVITIES TERM 1: 2018

ALL EXTRA MURALS START THE WEEK OF 22 JANUARY 2018 AND FINISH 23 MARCH 2018

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TOUCH RUGBY <i>*Training at Crusaders Sports Club</i>		TRAINING 15h00—16h00 (Griffiths/Maujean/ Maujean/Harris)		TRAINING 15h00—16h00 (Griffiths/Maujean/ Maujean/Engelbrecht)	MATCHES (Lynch/coaches)	
SOCIAL SWIMMING		15h00—16h00 (Hayerdahl)				
PILATES/ TAEBO <i>*will alternate each week</i>			15h00—16h00 (Harris/ Bennett)			
INDOOR ROWING <i>Grade 8 & 9 Only</i>	15h00—16h00 <i>*(makAspace Room)</i>					
ADDITIONAL RECOMMENDED SPORTING ACTIVITIES OFFERED BY OUTSIDE PROVIDERS						
SWIMMING	*Cost involved— Tami Sutherland (072 697 9863); Linda Conversano (082 312 0853)					
TENNIS	*Cost involved—Karen Visagie (083 253 7714)					
EQUESTRIAN	*Cost involved—must have own horse and ride for a club; girls enter competitions and ride under the Fatima banner in SANESA Competitions (Mrs Lynch)					



OUR LADY OF FATIMA DCS

GRADE 8-12 EXTRA MURAL CULTURAL/ACADEMIC ACTIVITIES TERM 1: 2018

ALL EXTRA MURALS START THE WEEK OF 22 JANUARY 2018 AND FINISH 23 MARCH 2018

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CHAMBER CHOIR		14h45—15h45 (O'Toole)		1st Break (O'Toole)		
CHOIR	2nd Break (O'Toole)		2nd Break (O'Toole)			
IMIZWILILI	15h00—16h00 (Khumalo)					
MASIKHULUME (ZULU CLUB)			15h00—16h00 (Mfeka)			
YDC		2nd Break Florence				
PRAYER MEETING			1st Break (Holtzhausen)			
CRAFT CLUB GRADE 8 & 9		15h00—16h00 (Ramese)				
GAMES CLUB *LO Room			15h00—16h00 (Proctor)			
INTERACT		COMMITTEE MEETINGS 2nd Break (Van Leeuwen)			13h00—14h00 (Day 5) (Van Leeuwen)	
DEBATING	TRAINING 14h45—15h45 (Florence/Harris/Mfeka)			DEBATES 15h00 17h30 (Florence/Mfeka)		
TOASTMASTERS (GRADE 11 ONLY) (22 January —26 March)	16h45—19h00 (Proctor)					
MATRIC ART		14h45—16h00 (Shirley)		14h45—16h00 (Shirley)		
ENGLISH OLYMPIAD		2nd Break (James)		2nd Break (James)		
MEDIA CLUB	2nd Break (Ham)					



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GRADE 8-12 EXTRA MURAL CULTURAL/ACADEMIC ACTIVITIES TERM 1: 2018

ALL EXTRA MURALS START THE WEEK OF 22 JANUARY 2018 AND FINISH 23 MARCH 2018

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GRADE 11 AP ENGLISH <i>(Dates & times TBC in January 2018)</i>						
GRADE 12 AP ENGLISH				06h30—07h20 (James)		
GRADE 12 EXTRA ENGLISH	14h45—15h30 (James)					
GRADE 8 & 9 EXTRA AFRIKAANS				2nd Break (Harris)		
GRADE 10— 12 EXTRA AFRIKAANS		14h45—15h45 (Engelbrecht)				
EXTRA MATHEMATICS	15h00—16h00 (Maths Centre)	15h00—16h00 (Maths Centre)	15h00—16h00 (Maths Centre)	15h00—16h00 (Maths Centre)		
GRADE 10, 11 & 12 AP MATHS <i>(Dates & times TBC in January 2018)</i>						
DRAMA PRACTICAL	GR 12: 15h00—16h00 Gr 11: 16h00—17h00 (Stannard)			GRADE 12 15h00—16h00 (Stannard)		
GRADE 12 L.O INTERVIEW TASK	15h00—16h30 (Proctor, Van Leeuwen, Wyllie)	15h00—16h30 (Proctor, Van Leeuwen, Wyllie)				