VERITAS Our Lady of Fatima Dominican Convent School

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Vol.4

The official newsletter of Our Lady of Fatima Dominican Convent School

PRINCIPAL'S MESSAGE



At Fatima, values-based education which builds character is part of our "why". This past week has proven to be character building as our girls faced with both grit and resilience a whirlwind of responsibilities , including district swimming galas, netball league finals, and hockey, tennis and debating commitments amidst possibly the highest assessment point of the term. Character, as Helen Keller wisely said, "cannot be developed in ease and quiet. Only through the experience of trials can the soul be strengthened, ambition inspired, and success achieved". This week's demanding schedule became a canvas for our students to paint with qualities of discipline, kindness, and leadership. It is important to highlight that they did not simply meet their many commitments but also looked beyond themselves and held a most successful BEATS & BLANKETS evening which raised a significant contribution for the Domino Foundation.

The words of Roberta Flack resonate deeply: "Always Walk in the light. And if you feel like you're not walking in it, go find it. Love the light." Our girls have not only walked in the light but have also become beacons of that light—uplifting one another, embracing teamwork, and demonstrating humility in victory and grace in defeat. Building character is not a one-time lesson but a lifelong journey, nurtured through experiences that demand courage and compassion in equal measure. As a school community, we remain committed to supporting our girls on this journey, celebrating not just their achievements but the admirable qualities that define them.

May we all strive to continue to walk in the light, to shine brightly, and to help each other grow in faith, character, and purpose.

FAITH AND FLOURISH

As we enter this sacred season of Lent, we are called to pause, reflect, and grow closer to God. Pope Francis reminds us, "Lent is a time to return to God with all our heart, a time to recognize His presence in our lives and to share it with others" (Pope Francis).

This season invites us to deepen our relationship with God through prayer, fasting, and almsgiving. It's not just about giving up something but about making room for God in our lives and using that space to love and serve others more fully.

This year, like every year, each high school class receives R50 to grow through creative ideas and initiatives. The money they raise will be donated to a community in need, one that has no blankets or food during the winter months. This project is attached to the Parish's Saint Vincent De Paul Society who care for the poor.

Take time this Lent to return to God with all your heart, and remember: small acts of kindness can transform the world around us. May this season of Lent be a time of growth, healing, and a deeper connection to the love of Christ.

Miss T. Nanak

STAFF NEWS



We bid farewell to Mrs Cubitt, who is retiring to become a full time grandmother and Miss Moxham, who is relocating to Cape Town. We wish them all the best for their future endeavours. Thank you for the wonderful contribution you have made to Fatima.

PARENT'S CORNER SECRET SUNRISE 2025



FOUNDATION PHASE

Our Grade 3s are wrapping up their Action Netball and Tennis leagues, having shown tremendous growth throughout the season—well done, girls!

Meanwhile, our Grade 1-3 Saturday Hockey Skills program ended on a high note, with the girls enjoying a fun-filled morning playing against their moms and dads.





Emily Visagie, former Fatima pupil, is Sarvani Kistnasami's swim coach and they were both so excited to be part of this year's Mini-Lympics held at St Mary's Kloof, where Sarvani achieved 3 silvers and 1 gold!

SENIOR PRIMARY

AC	TION NETBALL LEA	GUE RESUL	.TS
U10A	vs Curro SR B	Lost	4-5
U10B	vs Ashton B	Lost	1-4
U11B	vs CLL B	Lost	2-7
U12A	vs Chelsea A	Lost	4-11
U12B	vs Chelsea B vs Glenwood B	Lost Lost	9-10 6-28
U13A	vs Virginia A	Drew	7-7
U13B	vs DGC B vs Chelsea B	Lost Lost	12-15 3-23
CHES	SLEA FRIENDLY NET	BALL FEST	IVAL
í			
U10C	vs Chelsea C vs DNPS C vs Ashton C	Lost	3-5 2-4 0-3
U10C U10D	vs DNPS C	Lost Lost	2-4
	vs DNPS C vs Ashton C vs Umhlali 3		2-4 0-3 1-2
U10D	vs DNPS C vs Ashton C vs Umhlali 3 vs Umhlali 1 vs Ashton C	Lost	2-4 0-3 1-2 1-4 0-3
U10D U11C	vs DNPS C vs Ashton C vs Umhlali 3 vs Umhlali 1 vs Ashton C vs Umhlali 1 vs DNPS C	Lost Lost Lost	2-4 0-3 1-2 1-4 0-3 1-2 5-6















DND GALA'S				
A Squad	A league DnD	2nd		
B Squad	B league DnD	8th		
C Squad	D league DnD	6th		



Fatima hosted the D&D 'D' League Gala

Con Ta Rens 2nd gro Lym W show talent in fi

Congratulations to Tatum Janse Van Rensburg for placing 2nd in the U12 age group at The Mini Lympics held at St. Mary's! Tatum showcased incredible talent, earning medals in five events. Well done!



Congratulations to Yiling Lyu for passing her Grade 5 piano exam with Distinction.

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HIGH SCHOOL

STEM MENTOR 2025 PROGRAMME

STEM Fields of Study (Science, Technology, Engineering and Mathematics) have been specifically incorporated into the university space to encourage young women to graduate in these fields. Only one-third of the female population in the workspace is employed in STEM careers. Hence, six of the major universities in the country, viz UCT, UKZN, WITS, University of the Western Cape, University of Johannesburg and North West University have jointly embarked on a dynamic STEM Mentorship Programme, which is a year-long. The programme guides and streamlines deserving Grade 12 female learners into the STEM fields of study.

After a rigorous selection process, Danielle Newmarch was selected as one of the 50 successful candidates countrywide. Danielle has been an exemplary student throughout her academic career. She has been instrumental in initiating and driving the STEM Club at Our Lady of Fatima. An excerpt of Danielle's acceptance letter is as follows:

"Our review team was impressed with the nomination given by your schoolteacher/principal. Having impeccable marks in Mathematics enabled you to score high points in the final decision."

We are proud to have learners of the calibre of Danielle Newmarch She is a brilliant, highly inspiring and selfless young lady who is determined to make a positive difference to the lives of women throughout the world. We wish her well in the mentorship programme and her future career.



Dr Budaloo

Six of our Spoken Word girls attended the words@kearsney workshop, a dynamic poetry event led by lain Ewok at Kearsney College this week. This inspiring workshop focused on creative writing and provided an opportunity for students from across KwaZulu-Natal to connect and share their original poetry.





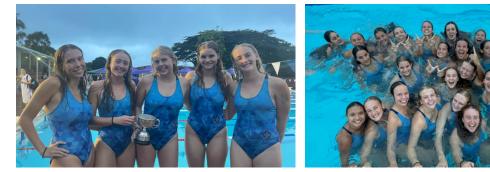
HIGH SCHOOL SPORTS RESULTS Swimming:

Scores				
1st	Fatima	161		
2nd	DGC	159		
3rd	St Mary's	124		
4th	Maris Stella	112		
5th	DGHS	79		
6th	Danville	50		
7th	WGHS	36		



D & D Winners 2025





Action Netball League Results				
U15 A	vs DGC	Won	27 - 22	
U16 B	vs DGC	Lost	16 - 17	
1st	vs NGHS	Won	22 - 9	
2nd	vs Ashton	Lost		

	Netball Friendly Festivals				
U14A	vs DGC	Won	12 - 6		
	vs TWC	Won	31 - 6		
U15A	vs DGC	Won	14 - 4		
	vs TWC	Won	16 - 4		
U16A	vs DGC	Won	22 - 21		
	vs TWC	Won	27 - 6		
1st	vs DGC	Won	24 - 23		
	vs TWC	Won	32 - 13		



Action Netball League Finals				
U14A	vs DGC (Gold Final)	Won	17 - 15	1st Overall
U14B	vs DGC (Gold Final)	Won	16 - 14	1st Overall
U15A	vs DGC (Gold Final)	Won	22 - 19	1st Overall
U15B	vs DGC (Gold Final)	Lost	5 - 8	2nd Overall
U16A	vs Inanda (Bronze Final)	Won	17 - 7	3rd Overall
U16B	vs Ashton (Bronze Final)	Lost	10 - 13	4th Overall
1st	vs NGHS (Bronze Final)	Won	23 - 10	3rd Overall
2nd	vs Ashton (Gold Final)	Lost	7 - 17	2nd Overall











HIGH SCHOOL SPORTS RESULTS

07	fock	bey:

Balling Hockey Festival			
U14A	vs Oranje	Won	1 - 0
	vs Menlopark	Won	1 - 0
	vs Sasolburg	Won	9 - 0
	vs Eunice	Drew	1 - 1
U16A	vs Oranje	Lost	0 - 1
	vs BVHS	Drew	1 - 1
	vs Witteburg	Won	6 - 0
	vs Menlopark	Lost	0 - 1
1st	vs BVHS	Drew	1 - 1
	vs Monument	Won	4 - 0
	vs Eunice	Lost	1 - 2
	vs Oranje	Drew	1 - 1

Indoor Hockey League					
U14A	Danville A DGC A	Won Won	5 - 0 6 - 1	2nd in league	
U14B	Curro HCA WGHS A	Drew Won	2 - 2 6 - 2	3rd in League	
U16A	St Mary's A St Mary's B	Won Won	3 - 1 9 - 0	3rd in League	
U16B	Maris Stella A	Lost	2 - 3	3rd in League	
1st	2nd in league				
2nd	TMC 2nd	Won	3 - 1	1st in league	











Tennis:

Tennis League Results				
1st	Ashton 2nd St Mary's 2nd	Won Won	21 - 15 22 - 10	
2nd	DGC 2nd Danville 2nd	Won Won	26 - 10 22 - 14	
Isabella Kitching, Ava Mendonidis and Sofia Reale represented eThekwini tennis at the districts tournament. Isabella - Gold Ava - Bronze Sofia - Bronze				

Touch Rugby:

Touch Rugby				
1st	vs Kloof	Won	2 - 0	
2nd	vs Kingsway	Won	2 - 0	
3rd	vs WGHS vs NGHS	Won Won	4 - 0 2 - 0	

NEWS

BEATS AND BLANKET

A student initiative, "Beats and Blankets" was an outdoors fundraiser event, where several music ensembles from the high school provided entertainment for a supportive crowd. All proceeds went to the building of a new roof for the Babies Home of the Domino Foundation. Spectators brought picnic baskets, camper chairs and blankets, whilst the Umzwilili Choir, the High School Marimba Band and the High School Band, Noted, put on a vibrant performance, ending with a collaborative cover of the song by South African band, Freshly Ground, "Doo Bee Doo". It was a stunning night of music and song that got the crowd dancing, stomping their feet and clapping their hands.



MUSIC CAFE

The high school held their first music café of the year where the senior quad transformed into a mini-piazza with umbrellas and live music provided by the girls. From classical violin to rock guitar, we had an array of performances during our lunch break"



HIGH SCHOOL PRODUCTION

A HIGH SCHOOL PRODUCTION

17 - 18 MARCH 2025 TIME: 18H00 FOR 18H30 SCHOOL HALL GET YOUR TICKETS NOW ON KARRI

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