



Our Lady of Fatima
Dominican Convent School
EST. 1954

FATIMA FOCUS

The official newsletter of Our Lady of Fatima Dominican Convent School



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PRINCIPAL'S MESSAGE

Rested and Ready?

As we step into a new term filled with opportunities, challenges, and a flurry of extracurricular activities and, for many grades, examinations, it's worth pausing to reflect on the gift we've just been given: the recent school holiday. More than just a break in the calendar, I am hopeful that the holiday offered a chance to rest, reconnect, and realign.

In the busyness of the school year, it's easy for pupils, staff, and parents to run on empty. The holidays provided a vital window to slow down, recharge physically and mentally, and step away from the usual routine. Sleep was reclaimed, stress levels reduced, and the constant noise of "what's next?" gave way to moments of quiet and peace. This rest is not a luxury but a necessity that fuels the ability to perform at our best when it matters most.

Rest does not always take away the challenges, but it does prepare us to meet them with strength and clarity. In this sense, the holiday has been more than a pause. It has been a platform for what comes next. This term brings an important stretch of the academic year, filled with extracurricular commitments and the pressure of examinations. It is a time that calls for energy, focus, and resilience. I hope the girls return not only well rested but also ready to participate fully, to manage their time wisely, and to give their best in all areas of school life.

As we move forward, I encourage our students to continue building rest and reflection into their routines. Balance is key to lasting success. Whether through quiet moments, healthy sleep habits, or regular check-ins with family and mentors, creating space for rest will help them finish this term strong in heart, mind, and spirit.

FAITH AND FLOURISH

As we kick off a brand-new term, there's an undeniable buzz around our school. The hallways are filled with laughter again, and I can't help but see Jesus in every young girl and staff member. It's such a beautiful reminder, especially as we approach the end of our Lenten season. During this time, we've made space for God in our lives through prayer, fasting, and almsgiving. And now, as Lent comes to a close, we are met with the incredible hope of the Resurrection.

The Resurrection calls us to action! As Pope Francis reminds us, "To live the Resurrection is to be light for the world and salt of the earth." This Easter season, let's remember: the tomb is empty, but our hearts are full! Christ is alive—and He calls us to live as people of light, love, and joy.

St. Paul says in his letter to the Romans, "If we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his." (Romans 6:5).

May this Easter inspire us to live as women and men of the Resurrection, embracing the new life Christ offers to each of us.

May His resurrection fill us with unshakable hope and boundless love. ❤️

Wishing you all a beautiful and blessed Easter
And a happy and successful Term 2

Always in my prayers

Miss T. Nanak

STAFF NEWS



We welcome Mrs Heidi Shedlock as she steps in as the locum teacher for 2025 for Grade 5C. Mrs Shedlock taught at Fatima a few years ago. Her daughter also matriculated at Fatima.

PARENT'S CORNER

Invite

OUR LADY OF FATIMA DCS PTA
INVITES YOU TO JOIN
LEGACY CLUB 2025

*DURING THE YEAR THERE WILL BE THREE FUNCTIONS
WHERE YOU CAN WIN UP TO R40 000 IN CASH PRIZES*

DATES:

TICKET PRICE: R1800-00

PAYMENT OPTIONS: KARRI APP / EFT / ZAPPER
FATIMA BANK ACCOUNT (NB NOT SCHOOL ACCOUNT)
NEDBANK
BRANCH: DURBAN NORTH 135 226
ACCOUNT NO: 1352 088 460
REF: SURNAME / LEGACY CLUB

**SHOULD YOU HAVE ANY QUERIES
PLEASE EMAIL KELLY OR DOUG ON LEGACY@FATIMA.CO.ZA**

SENIOR PRIMARY

U13A Netball Festival: We are incredibly proud of our U13A netball team for their performance at the Northlands Autumn Netball Festival! The girls showcased great skill and teamwork, making it a fantastic preparation for next term.

U13 A NETBALL FESTIVAL

U13A	vs Penzance	Won	10-6
U13A	vs Northlands	Lost	4-16
U13A	vs Umhlali	Lost	4-6
U13A	vs Westville	Lost	11-17



ACTION NETBALL LEAGUE RESULTS

U10A	vs Ashton A	Lost	3-9
U10B	vs Northlands A	Lost	2-9
U11A	vs Ashton A	Lost	11-15
U11B	vs Curro SR A	Lost	5-18
U12A	vs Virginia A	Lost	4-12
U12B	vs DGC B	Lost	6-13
U13A	vs DGC A	Won	10-7
	vs NPS A	Lost	9-11
U13B	vs MS A	Lost	18-10



HIGH SCHOOL

U14A FATIMA FESTIVAL

U14A	vs PMBGHS	Won	5 - 0
U14A	vs Danville	Won	4 - 0
U14A	vs DGC	Won	2 - 0
U14A	vs DGHS	Won	5 - 0
U14A	vs St Mary's	Drew	0 - 0

U16A FATIMA FESTIVAL

U16A	vs PMBGHS	Won	5 - 0
U16A	vs Danville	Won	8 - 0
U16A	vs DGC	Won	1 - 0
U16A	vs Maris Stella	Won	2 - 0
U16A	vs St Mary's	Won	2 - 0



1ST TEAM DGC FESTIVAL

1st	vs St Mary's	Drew	0 - 0
1st	vs DGHS	Won	5 - 0
1st	vs DGC	Won	1 - 0



Hockey 1st team

5th at St Mary's Waverley Hockey Tournament



1ST TEAM ST MARY'S WAVERLEY TOURNAMENT		
vs Oranje	Drew	1 - 1
vs Paarl Gim	Lost	0 - 1
vs Kingsmead	Won	2 - 0
vs St Annes	Won	1 - 0
vs Collegiate	Drew	1 - 1
vs Herschel	Drew	0 - 0
vs Paarl Girls	Won	2 - 0
vs Eunice	Lost	0 - 2
vs Paarl Gim	Won	3 - 2
vs Menlopark	Won	1 - 0
vs DGC	Drew	0 - 0
vs WaterKloof	Won	2 - 1
Final Placing 5th (out of 32)		
Congratulations to Charly-Rose Boyall on being selected as the Rising Star of the Tournament. Congratulations to Kayla Driver on being selected as Runner up to Goal Keeper of the Tournament.		





Netball 1st Touring Team

13th at the St Andrew's Netball Tournament



1ST TEAM		
ST ANDREW'S NETBALL TOURNAMENT		
vs Collegiate	Lost	16 - 12
vs Somerset	Won	24 - 6
vs Eunice	Lost	18 - 24
vs St Mary's Pretoria	Won	17 - 9
vs Holy Rosary	Won	18 - 6
vs St Terisa's	Won	27 - 4
vs St Andrew's	Won	15 - 6
vs St Stithian's	Lost	10 - 15
vs St Anne's	Lost	14 - 16
vs Kingsmead	Won	17 - 13
vs Park Town	Won	11 - 9
vs Roedean	Lost	14 - 15
vs Krugers Dorp	Won	28 - 11
Final Placing 13th (out of 32)		





U14A and U16A Hockey Tournaments



U16A ST MARY'S KLOOF TOURNAMENT		
TMC	won	3 - 0
Waterkloof	lost	0 - 2
Eunice	won	2 - 1
TWC	won	2 - 0
St John's	won	2 - 0
Affies (semi)	drew	2 - 2 (1 - 2*)
St Mary's (3/4)	won	3 - 0
Final Placing 3rd (out of 26)		
Congratulations to Charly-Rose Boyall on being selected Striker of the Tournament		



U14A ST JOHN'S DSG TOURNAMENT		
Epworth	won	10 - 0
Affies	won	2 - 1
St John's B	won	3 - 0
St Anne's	won	2 - 0
Affies (Semi)	won	2 - 1
St Mary's (Final)	lost	0 - 3
Final Placing 2nd (out of 16)		





U14 and U16 Netball Festivals



U16 WATERKLOOF FESTIVAL		
vs Bergsig	Drew	18 - 18
vs Gerrit Maritz	Won	26 - 10
vs Witteberg	Won	28 - 16
vs Transvalia	Won	19 - 13
vs Empangeni	Won	22 - 8
vs Edugate	Lost	17 - 13
vs Centurion	Lost	10 - 25
vs WaterKloof	Lost	13 - 17
Kempton Park	Lost	10 - 25



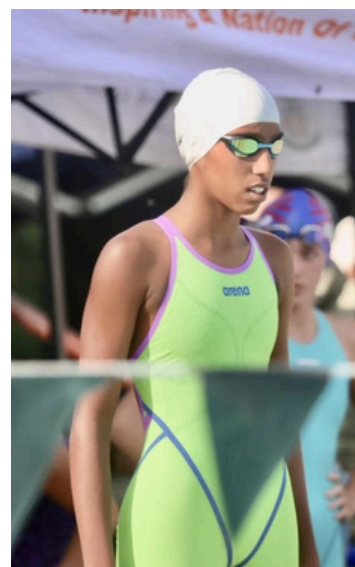
U14 WATERKLOOF FESTIVAL		
vs Ferrum	Won	22 - 8
vs Harties	Won	20 - 6
vs St Anne's	Won	11 - 9
vs WaterKloof	Lost	11 - 26
vs Ellisras	Won	21 - 5
vs WHS	Won	11 - 9
vs Oosterling	Won	12 - 10
vs Eunice	Drew	6 - 6
vs Edugate	Won	30 - 5
vs Eldo	Lost	14 - 17



Swimming Championships

A number of our swimmers participated in the Level 3 Swimming Championships, and the South African Junior National Championships.

SASKYA KISTNASAMI - SANJ	
Gold	50m Freestyle 4 x 100m Medley 4 x 50m Freestyle
Silver	50m Breaststroke 100m Freestyle 4 x 50m Medley
Bronze	100m Breaststroke 50m Butterfly 4 x 100m Freestyle
RUBY GAINES - LEVEL 3	
Gold	50m Butterfly 50m Freestyle
Silver	100m Butterfly 100m Freestyle
RILEY GOUWS - LEVEL 3	
Bronze	100m Freestyle 50m Freestyle
4th	50m Butterfly
5th	50m Breaststroke
6th	50m Backstroke
7th	100m Backstroke
8th	100m Breaststroke
EVALYN BROWN - LEVEL 3	
4th	50m Backstroke 100m Backstroke
5th	200m Backstroke



Action Netball

Congratulations to Caitlin Thorresson on being selected for the SA U19 Action Netball Squad!! 🇿🇦



We had a large number of girls represent KZN at the Inter-Provincial Tournaments over the holidays.

KZN U13A	
Mihlali Tshobisa	7th
KZN U14A	
Makhamahle Langa Isabella Kitching Ayabonga Dlamini	Bronze
KZN U15A	
Nikita Parsons Alexis Ahearne Mika Gouws Becca Short	Bronze
KZN U16A	
Zoey Quigley	Silver
KZN U17B	
Chloë Geldenhuys Styliaana Arhondonis	Gold
KZN U17A	
BuhlebeNkosi Ngema	4th
KZN U19A	
Caitlin Thoresson	Silver



Rhythmic Gymnastics

Congratulations to three of our girls for representing KZN for Rhythmic Gymnastics.



Amy Rose George (Senior Group) - Tied 1st place
Riley Gouws (Juniors Group) - 1st Place
Almone Bosch (Junior Individual) - 3rd Place

SA Biathlon Championships Results

- 🏆 Saskya Kistnasami finished 1st in U15, setting a new SA record and earning her SA Colours in Biathlon! 🇿🇦
- ☀️ Sarvani Kistnasami secured an 11th place in U9.
- ☀️ Amber Leibbrandt finished 17th in U17.



Triathlon Championship Results

- ☀️ Ava Moore placed 5th at the SA Champs! At the Africa Champs in the individual race she placed 7th in the girls race and 3rd in her age group. Ava was then selected to represent SA in the mixed relay event and her team competed with the elite athletes from all over Africa and came 5th. 🇿🇦
- ☀️ Alexis Hewitt secured a 4th place in the SA Championships and 7th place at the Africa Champs.



NEWS



We had the privilege of handing over a cheque to the Domino Foundation for the funds raised at our Beats & Blankets event

Thanks to the generosity of our school community, every cent is going towards "Raising the Roof" for the Babies Home, providing shelter to little ones in need.



The Grade 8s have enjoyed a bonding day up the North Coast walking from Tinley Manor to Salt Rock as a grade.

2025 GREECE TOUR

